POLESTAR PILATES™
EDUCATION

MENTOR PROGRAM REQUIREMENTS AND APPLICATION

A Polestar Mentor is someone who provides necessary feedback and guidance for Polestar students as they progress through the curriculum toward certification. In order to become a Mentor, Polestar certified practitioners can apply to participate in the Mentor program outline below. Mentors receive a range of valuable benefits while giving their experience and expertise to dedicated Pilates students.

TO QUALIFY

- Successfully complete one or more of our educational series and the corresponding certification exam(s).
- Successfully complete application process.
- Successfully complete an entry interview at annual conference.
- Successfully complete corresponding mentor track series as an affiliate an additional three times.*

**There will be no charge for attending these series. However, travel and lodging will be at your expense.*

TO MAINTAIN STATUS

- Complete an annual interview.
- Assist a minimum of one corresponding mentor track series per year.
- Maintain Polestar Pilates certification by completing the required re-certification hours.
- Maintain a regular client or patient load using Pilates.
- Maintain self fit and healthy.

BENEFITS

- Professional growth within the Polestar Education system.
- Referrals from Polestar Pilates.
- Discounts on selected Polestar Pilates courses, continuing education and merchandise.
- Career guidance and support.
- Additional source of revenue.

Polestar Pilates Education
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